

Columbia S.D. High Schools
November 2009



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>In addition to fresh pre-made garden Chef and Chicken Caesar Salads, a different hot entrée is featured daily.</p>	2 Mandarin Chicken	3 Macaroni & Cheese	4 Spicy Rib B-Que	5 Chicken Noodle soup	6 Italian Chicken Sandwich
	9 Burrito	10 Corn Dog	11 Veterans Day No School	12 Cheesy Enchilada	13 School Burger
	16 Teriyaki Burger	17 Steak Fingers	18 Flat Bread Pizza	19 Turkey Gravy	20 Chicken Nuggets
	23 Honey Rib B-Que Bites	24 Ham & Cheese Hoagie	25 Build a Sack Lunch 1-12 Thanksgiving Break	26 Thanksgiving	27 No School Thanksgiving Break
	30 Italian Chicken Sandwich				
	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches	Hamburgers Cheeseburgers Chicken Sandwiches
	Pepperoni Pizza Cheese Pizza Taco or Chicken	Pepperoni Pizza Cheese Pizza Sausage Pizza	Pepperoni Pizza Cheese Pizza Supreme Pizza	Pepperoni Pizza Cheese Pizza Vegetarian Pizza	Pepperoni Pizza Cheese Pizza Hawaiian Pizza
	AVAILABLE DAILY: Make your own Mexican food favorite from fresh ingredients including lean beef taco meat, zesty nacho cheese, crispy nacho chips, and a variety of fresh vegetables.			AVAILABLE DAILY: Build your own sandwiches on Hoagie Rolls baked fresh in our kitchen. Choose from lean turkey, tuna salad, turkey ham, a variety of cheeses, and a market basket of garden fresh veggies.	
	Everyday a garden variety of produce is available to accompany your lunch—you choose what you want and how much! Among the choices are fresh fruits, garden fresh greens, and canned fruit favorites.		WHAT COMES WITH A COMPLETE MEAL? Every day all lunches come with an entrée and at least one other item. Other items include a variety of fresh & canned fruit, 2-3 kinds of veggies, a side salad and fat free or low fat milk.		
	A variety of milk is available with each meal.		<small>In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, natural origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</small>		

